

## Free Online Taster Sessions :

Thursday 16th July 2pm Veg Chilli

Thursday 23rd July 2pm Brownies

Thursday 30th July 2pm Barbecued Chicken

Thursday 6th August 2pm Chicken Rendang

Thursday 13th August 2pm Proper Blokes Sausage Fusilli

Thursday 20th August 2pm Minestrone Soup



(Photo by Karen Rangeley)

12.30pm to 2.00pm.

Booking is essential so please contact tri-cia.temperley@zestleeds.org. uk today to book your place!

## Jamie's Ministry of Food Leeds

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